

# Mastering Tough Conversations

REGISTER TODAY!  
REGISTRATION AT: [NORTHWESTERN.CLOUD-CME.COM](http://NORTHWESTERN.CLOUD-CME.COM)

Friday, August 9<sup>th</sup>, 2019  
8:00 a.m. to 4:30 p.m.  
211 East Ontario Street  
Suite 700  
Chicago, Illinois



**M Northwestern Medicine**<sup>®</sup>  
Feinberg School of Medicine

# Program Information

## Learning Objectives

After this course, participants will be able to:

1. Practice disclosing serious news using SPIKES as a roadmap for the conversation
2. Practice discussing goals of care using REMAP as a roadmap for the conversation
3. Practice noticing and responding to challenging emotions
4. Describe approaches for how to use the roadmaps for disclosing serious news and discussing goals of care to improve the attendee's teaching of learners in their own clinical setting.

## Target Audience

This continuing medical education program is designed to meet the educational needs of physicians of all specialties.

## Credit Designation Statement

Northwestern University Feinberg School of Medicine designates this live activity for a maximum of *6.75 AMA PRA Category 1 Credit(s)*<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

## Disclosure Statement

Drs. Julia Vermylen and Gordon Wood have nothing to disclose. FSM's Continuing Medical Education leadership and staff have nothing to disclose.

## Accreditation Statement

The Northwestern University Feinberg School of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

# Speaker Profiles



Julia H Vermynen, MD, MPH

Assistant Professor of Medicine (Palliative Medicine)

[julia.vermylen@nm.org](mailto:julia.vermylen@nm.org)



Gordon J Wood, MD, MSCI, FAAHPM

Associate Professor of Medicine (Palliative Medicine)

[gwood1@nm.org](mailto:gwood1@nm.org)

# Schedule of Event

This one day course will equip attendees with the skills needed to navigate the most difficult and complicated serious illness conversations. Based on the evidence-based, small group communication skills training methods of VitalTalk, an internationally renowned, nonprofit communication skills training organization, experienced faculty will help participants learn to navigate challenging emotions, to expertly elucidate goals of care and to use value-centered recommendations to craft actionable care plans for patients with advanced illnesses. Attendees will leave with clear approaches to these important conversations that they will be able to use to more effectively teach learners in their own clinical setting.

TIME	ACTIVITY
8:00 - 8:30AM	Breakfast
8:00 - 9:00AM	Introduction
9:00 - 9:30AM	Overview: Delivering Serious News (SPIKES)
9:30 - 10:00AM	Small group startup
10:00 - 10:30AM	Case 1 - Small Group Practice SPIKES
10:30 - 11:00AM	Case 2 - Small Group Practice SPIKES
<b>11:00 - 11:15AM</b>	<b>Break</b>
11:15 - 11:45AM	Case 3 - Small Group Practice SPIKES
11:45 - 12:15PM	Case 4 - Small Group Practice SPIKES
<b>12:15 - 1:00PM</b>	<b>Lunch</b>
1:00 - 1:30PM	Overview: Discussing Goals of Care (REMAP)
1:30 - 2:00PM	Case 1 - Small Group Practice REMAP
2:00 - 2:30PM	Case 2 - Small Group Practice REMAP
<b>2:30 - 2:45PM</b>	<b>Break</b>
2:45 - 3:15PM	Case 3 - Small Group Practice REMAP
3:15 - 3:45PM	Case 4 - Small Group Practice REMAP
3:45 - 4:00PM	Small group close
4:00 - 4:30PM	Incorporating skills in your practice and teaching

**[Click HERE to Register!](#)**